

2011

# VISION BOARD SERIES

*With Professional Life Coach, Dave Towe*



**Dave Towe**

*Professional Life Coach*

Website:

[www.beyondbodywork.com](http://www.beyondbodywork.com)

## **PART I: Introduction to Creating Your 2011 Vision Board**

This powerful workshop introduces you to the fun and highly effective concept of a functional Vision Board, a collection of images and words that speak directly to what you seek to **create in your life**. Gain simple but powerful tools for shifting the direction of your life. Learn to Feng Shui your Vision Board for increased effectiveness.

## **PART II: Group Review of Your Manifestation Progress**

You must have completed Part I with Dave during the past 12 months, and bring your 2011 Vision Board to this workshop.

Each participant will present to the group his/her progress on goal manifestation for their board. Dave will provide immediate coaching while making suggestions to optimize continued success.

## **MARCH 27, 2011 – FIRST QUARTER REVIEW**

**Part I: 10:00 am-12:00 pm - New Students**

**Part II: 1:00-4:00 pm - Returning Students**

## **JUNE 26, 2011 – SECOND QUARTER REVIEW**

**Part II: 1:00-4:00 PM**

**WORKSHOP FEE: Part 1: \$45, Part II Free  
Part II: \$45**

*Healthy snacks, tea, water will be served.*

**2 follow-up group review sessions scheduled in the third and fourth quarters of 2011.**

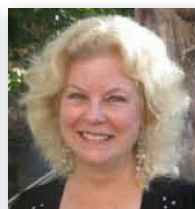
**Location: Carlsbad/San Marcos area near Palomar Airport Rd.**

*(address provided upon course registration)*

*Sponsored By*



**Freddi Pakier, CHC, AADP**  
*Certified Holistic Health Coach*



**Dr. Monica Traytsman**  
*Health and Wellness Coach*

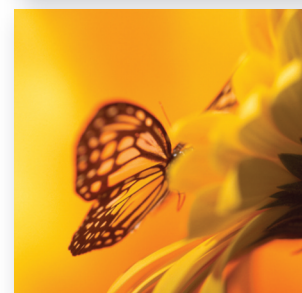
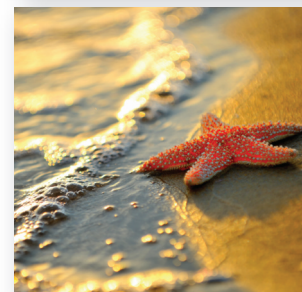
### **TO REGISTER:**

Go to [www.beyondbodywork.com](http://www.beyondbodywork.com), click on the "Pay Here" tab and then go to **Life Coaching Section** and click "**Vision Board Workshop**", proceed to checkout. Your advanced payment will be your registration

### **FOR QUESTIONS:**

Freddi Pakier: [freddi@cox.net](mailto:freddi@cox.net) / 760.207.9100

Dr. Monica Traytsman: [asknow08@gmail.com](mailto:asknow08@gmail.com) / 858.245.0422



**HEALTH TO GO**